



# ATLAS Consultation Pack

28/04/2021

## Summary

This week Rachael Wardell will be attending ATLAS to meet us and take part in a live Q and A session! Under 18s and 18+ groups will be in the Q and A together, before we split into our separate groups for consultation. We will be talking about what a crisis line for under 18s means to young people as well as reviewing the updates on our bullying Action Card! Of course, we also have lots of information and updates for you. We are looking forward to seeing you there!

## Staff this week:

Sabrina, Sarah, Olivia, Holly and Joe!

## Agenda Points!

- Rachel Wardell Q & A
- Break
- Information and Updates
- Francesca Carr attending
- ATLAS reminder
- Action card wording
- Birthday messages
- 24/7 Mental Health Crisis line
- Action Card Review
- New Action cards

## Get Involved!

Join us online via Zoom every Wednesday between 5 to 7 pm! Chat opens 30 minutes earlier at 4:30pm for anyone who wants to have a casual chat beforehand.

If you are unable to attend you can still have your voice heard by contacting us by email, through social media or by texting/phoning a member of the ATLAS staff.





# Virtual ATLAS

28/04/2021



## **Ground Rules:**

- Please do not talk over each other and mute yourself if there is background noise
- If you disappear from the call unexpectedly, one of us will check-in with you as soon as possible
- You can use Zoom chat to private message a staff member if you need to



# Rachael Wardell attending ATLAS

Executive Director for Children, Families and Lifelong Learning at Surrey County Council

**A reminder that Rachael Wardell will be coming to ATLAS today at 5:30pm!**

Have you thought about what you would like to ask her? If so, do you have your questions ready?





# Agenda

- Check-in
- Rachel Wardell Q & A
- **Break**
- Information and Updates
  - Francesca Carr attending ATLAS reminder
  - Action card wording
- Birthday messages
- 24/7 Mental Health Crisis line
- Bullying Action Card Review
- New Action cards



# Check In





# Rachael Wardell Q & A





# Break Time!



18+ Group, please move to this Zoom call so that you can have subtitles!

Join Zoom Meeting

<https://zoom.us/j/94867133178?pwd=ek0zR0JxS0hjVjdIRIFpNGxCdHkyZz09>

Meeting ID: 948 6713 3178

Passcode: 6Z7SiG



# Information and Updates





# Francesca Carr Visiting

"My name is Frankiee and I have just started working for Surrey Council. My role is quite exciting as I get to work with children and young people, families, carers, council staff and partner organisations to make sure your experiences (the good and the bad) help to improve the support we provide for you both now and in the future.

I am really excited to meet you and would love to pop along to ATLAS regularly, to listen to your experiences and add some support to the different project activities you're working on.

I have worked in youth participation for nearly 10 years. One of my favourite experiences was when I managed the participation service for Southampton City Council. Together with young people we created Southampton's first ever participation strategy:

[https://www.southampton.gov.uk/images/cyp-strategy\\_tcm63-390666.pdf](https://www.southampton.gov.uk/images/cyp-strategy_tcm63-390666.pdf).

If you feel comfortable, I would love to come along to ATLAS on **Wednesday 5<sup>th</sup> May** to meet you!"





# New Action card wording

Olivia attended a training course last week and came across another way of wording a point. It was thought this way could be good for our action cards:

## **As a.. I want.. So that**

- **As a** – the role
- **I want** – the need
- **So that** – the value

An example Action Card:

As young people with additional needs and disabilities we would like services in Surrey to stop using the term Special Educational Needs and Disabilities (SEND) and instead use Additional Needs and Disabilities so that [young person quote] “special is replaced with additional needs, it shouldn’t say special, people make fun of special.”

I think using this method would make our Action Cards clearer for professionals. What do you guys think?





# Birthday Messages

Would you like a Birthday message on your birthday from ATLAS Staff?





# 24/7 Mental Health Crisis Line

There will soon be a new crisis line number for under 18's to call if they're worried about themselves, or their family are worried about them. It will be open all day and night, every day of the week. It's free and no referral is needed!

**0800 9154644**

The new number will launch on 4 May 2021.

The Crisis line would like to know:

**What would a 24/7 crisis line have meant to you when you were under 18?**





# Action Card Updates

## **ACTION CARD #116**

Bullying seems to continue to be prevalent and the young people believe that education on stigma as well as mental health and SEND throughout year groups and staff networks would help to decrease this

### **Response:**

- Schools can apply for support and training from 'Surrey County Council Anti-Bullying Charter Mark' (payment needed) and the 'Anti-Bullying Alliance: All Together Programme' which is free for Surrey schools.
- Surrey Healthy Schools is the approach that schools need to be following, it supports: effective PSHE teaching and learning, addressing stereotyping, pupil voice, inclusion and anti-bullying work
- They also have a 'Self-Evaluation Tool' that schools can use to make sure they are following the Healthy Schools' principles



# Action Card Updates Cont.

## ACTION CARD #116

Bullying seems to continue to be prevalent and the young people believe that education on stigma as well as mental health and SEND throughout year groups and staff networks would help to decrease this

### Response:

Ben Bartlett, Lead for Surrey Head Teachers, had this to say:

- "I spoke to our Equalities student group today and we talked about bullying and one of the areas that we think we (all schools) can work on is empowering students to stand up for others. Stonewall talk about no bystanders and so educating students on how to stand up for others without the use of violence or cruelty is essential."
- "I think putting together resources that educate students on language that is acceptable and what is not acceptable is vital too. Some students hear things at home and think that it's ok to repeat them. So it can easily become a whole community approach that includes parents and carers."



# Action Card Updates Cont.

## **ACTION CARD #116**

Bullying seems to continue to be prevalent and the young people believe that education on stigma as well as mental health and SEND throughout year groups and staff networks would help to decrease this

### **Response:**

- The UVP Team are presenting as part of the Surrey Healthy Schools training in May. This is a chance for us to promote the benefits of participation in school, including the fact that it helps build good relationships and enables young people to have a say in the issues that are affecting them.

**Are you happy to close this action card?**

**When would you like progress to be reviewed?**



# Action Cards

Would you like to raise this action card?

## **First-Aid Training that includes information on additional needs and disabilities**

- e.g. people can be mistaken for being drunk when they are having a diabetic emergency.
- “Course should have incentive for young people to take it – Duke of Edinburgh Award, CV etc?”
- Disability awareness needs to start from a young age





# Action Cards

Would you like to raise this action card?

**My Safety Plan to be redesigned to be more accessible for young people with additional needs and disabilities**

- Speech and Language Therapist involved for young people with communication difficulties to make sure that the young person understands their safety plan





# Action Cards

Would you like to raise this action card?

**ATLAS need a regular drop-in session as a safe space to talk about being LGBT+ with additional needs and disabilities**





# Action Cards

Would you like to raise this action card?

**ATLAS need a regular drop-in session for members with Autism to talk about experiences unique to them, raise Autism-specific Action Cards and to plan member-led content on Autism.**

For example:

- making video content together
- myth busting
- Combatting stigma





# Action Cards

Would you like to raise this action card?

**“UVP Team needs to have a rethink about how they're going to convey masses of information.”**

- ^Direct Quote from previous session
- Too much information is put into posters/images
- Information needs to be available in different formats to be accessible





# Action Cards

Would you like to raise this action card?

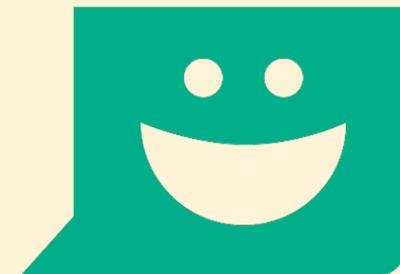
**Too much education for young people with additional needs and disabilities is in fact behaviour management.**





# Check Out

- **Do you feel like your voice has been heard?**
- **What are your plans for the evening?**
- **Is there anything else you would like to add or ask?**
- **Do you need any help this week?**





# Virtual ATLAS



**THANK YOU!**

**"SEE" YOU NEXT WEEK!**



## Meet the ATLAS staff!



### **Sabrina Peters**

*Additional Needs and Disabilities Participation Officer*

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11am—7pm Weds.

**Other members of the User Voice and Participation Team also support ATLAS!**

