



ATLAS Consultation Pack

21/04/2021

Summary

This week we have lots of Action Cards to go through and hopefully raise! The group is going to be a little different as we are splitting the group into breakout rooms, one for 10-18 years and one for 18+. Don't worry we will be coming back together to see how it all went and the end before check-out.

Staff this week:

Sabrina, Sarah, Holly and Joe

Agenda Points!

- Information and updates
- Review Video for an ATLAS Talks Video Series
- Action Cards

Get Involved!

Join us online via Zoom every Wednesday between 5 to 7 pm! Chat opens 30 minutes earlier at 4:30pm for anyone who wants to have a casual chat beforehand.

If you are unable to attend you can still have your voice heard by contacting us by email, through social media or by texting/phoning a member of the ATLAS staff.





Virtual ATLAS

21/04/2021



Ground Rules:

- Please do not talk over each other and mute yourself if there is background noise
- If you disappear from the call unexpectedly, one of us will check-in with you as soon as possible
- You can use Zoom chat to private message a staff member if you need to



Break Out Rooms

We are now splitting the group into two separate groups.

One breakout room will be for all over 18 and the other will be for all 10-18.

We will come back together at the end of this session to see how you all found it.





Agenda

- Check-in
- Information and Updates
 - Rachael Wardell attending
 - ATLAS reminder
 - Francesca Carr attending ATLAS
 - ATLAS Video Filming
 - RHS Garden Wisley Trip
- We need your help creating images!
- **Break**
- Review Video for an 'ATLAS Talks' Video Series
- Action Cards



Check In





Information and Updates





Rachael Wardell attending ATLAS

Executive Director for Children, Families and Lifelong Learning at Surrey County Council

A reminder that Rachael Wardell will be coming to ATLAS on the 28th April!

She started her job in September. Her job involves looking after Surrey services for children and families, including the User Voice and Participation Team! Rachael hopes to improve the wellbeing and opportunities for children and young people in Surrey.

Rachel has asked if you have any questions for her that you can provide them before she attends.





Francesca Carr Visiting

"My name is Frankiee and I have just started working for Surrey Council. My role is quite exciting as I get to work with children and young people, families, carers, council staff and partner organisations to make sure your experiences (the good and the bad) help to improve the support we provide for you both now and in the future.

I am really excited to meet you and would love to pop along to ATLAS regularly, to listen to your experiences and add some support to the different project activities you're working on.

I have worked in youth participation for nearly 10 years. One of my favourite experiences was when I managed the participation service for Southampton City Council. Together with young people we created Southampton's first ever participation strategy:

https://www.southampton.gov.uk/images/cyp-strategy_tcm63-390666.pdf.

If you feel comfortable, I would love to come along to ATLAS on **Wednesday 5th May** to meet you!"





ATLAS Video Filming

Previously we asked you if you would like to take part in filming a promotional video for ATLAS to help professionals understand how important it is to listen to your feedback.

Would you like to do the filming for this video in person, outside, in groups of 6 (including staff)?

If so, would you prefer a weekday or weekend?





Wisley Trip

We will be able to get tickets to visit RHS Gardens Wisley IN PERSON during the May Half Term between **29th May and 6th June.**

The exact date is yet to be decided but we wanted to know how many of you are interested in coming so we can get the correct amount of tickets!





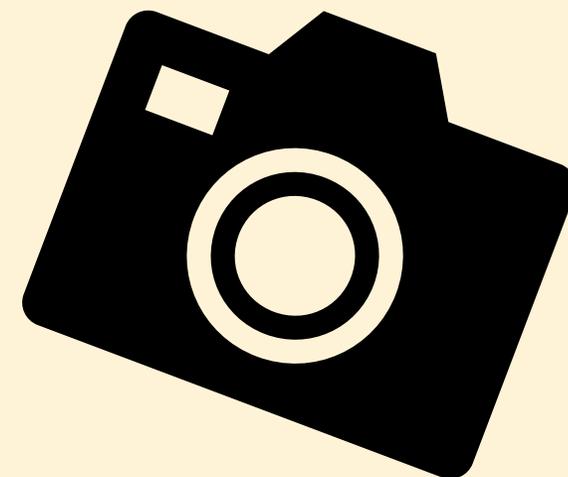
We need your help creating images!

We are trying to make our social media posts, websites and reports more interesting by finding stock images and photographs to add to them.

If you have photographs or images that you would like to be used in our social media – please send them to us!

This may include, but is not limited to:

- cafes, shops, activities
- Surrey itself!
- Signs – for example, disabled parking and toilet signs





Break Time!





Video Recording with Eamonn Gilbert

We will now show you a video of an introduction to a series of videos on Transport in Surrey for people with Additional Needs and Disabilities.

Sabrina Peters has another session with Eamonn next week to film more content. She will be discussing some of your action cards and would like to know:

- What questions would you like Eamonn to answer?
- If you had a Magic Wand, what change would you make to improve transport provision for people with additional needs and disabilities to?



Action Cards

Would you like to raise this action card?

Education advice, EHCPs, etc need to be less restrictive about a young people's abilities and future career options.

- Education advice and provision does not expect young people with additional needs and disabilities to go to university"
 - Mine was looking for volunteering and like working in a charity shop ... I'm at university now"
- Ability should not be assumed from diagnosis.
- "If they're making that option and that support there for people without additional needs and disabilities, they should be providing it for everyone."





Action Cards

Would you like to raise this action card?

Young People need to have better explanations from doctors about what medication they are taking and why

- “Younger people who can’t make decisions or understand what is being said are medicated.”
- Speech and Language Therapists should be involved to make sure that the information is being provided in the right way for the young person





Action Cards

Would you like to raise this action card?

Medication may not always be appropriate/needed and that should be made clear. For example, trying to treat aspects of an additional need or disability that are not treatable or to control someone's behaviour.

- “They medicated me because I was struggling with the world”
- “Autism and the idea of me being Autistic or having additional needs was seen as something that could be fixed. And unfortunately, those medications have major side effects that are still effecting me now.”
- “And that's a big thing, trying to control you with medication.”
- “The idea of me being autistic, or having additional needs, was seen as something that could be fixed with medication and unfortunately those medications have had major side effects that still affect me now, because I was on them for quite a while.”





Action Cards

Would you like to raise this action card?

Young people need support dealing with the side effects of the medications they are prescribed

- “It wasn’t just the fact that they wanted to treat it but it was also that they didn’t help to pick up the pieces afterwards”
- “Anti -psychotics are major weight positive drugs and you can't do anything to stop it because it slows your metabolism. It not just makes you hungry. I put on an awful lot of weight which was not good for my mental health in the long run.”





Action Cards

Would you like to raise this action card?

First-Aid Training that includes information on additional needs and disabilities

- e.g. people can be mistaken for being drunk when they are having a diabetic emergency.
- “Course should have incentive for young people to take it – Duke of Edinburgh Award, CV etc?”
- Disability awareness needs to start from a young age





Action Cards

Would you like to raise this action card?

My Safety Plan to be redesigned to be more accessible for young people with additional needs and disabilities

- Speech and Language Therapist involved for young people with communication difficulties to make sure that the young person understands their safety plan





Action Cards

Would you like to raise this action card?

ATLAS need a regular drop-in session as a safe space to talk about being LGBT+ with additional needs and disabilities





Action Cards

Would you like to raise this action card?

ATLAS need a regular drop-in session for members with Autism to talk about experiences unique to them, raise Autism-specific Action Cards and to plan member-led content on Autism.

For example:

- making video content together
- myth busting
- Combatting stigma





Action Cards

Would you like to raise this action card?

“UVP Team needs to have a rethink about how they're going to convey masses of information.”

- ^Direct Quote from previous session
- Too much information is put into posters/images
- Information needs to be available in different formats to be accessible





Action Cards

Would you like to raise this action card?

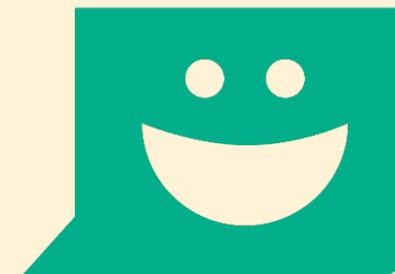
Too much education for young people with additional needs and disabilities is in fact behaviour management.





Check Out

- **How did we find this session with the ages split into the breakout rooms?**
- **Do you feel like your voice has been heard?**
- **What are your plans for the evening?**
- **Is there anything else you would like to add or ask?**
- **Do you need any help this week?**





Virtual ATLAS



THANK YOU!

"SEE" YOU NEXT WEEK!



Meet the staff!



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